



## II. OKINAWAN DAYS IN PESTERZSÉBET

Okinawan Karate - Do Seminars



23<sup>rd</sup> to 25<sup>th</sup> August 2024

Hungary

Budapest/Pesterzsébet



[www.sakura-kai.hu](http://www.sakura-kai.hu)



## Hanshi Yoshio Kuba

10th Dan

THE CHIEF INSTRUCTOR OF  
OKINAWA KARATE - DO KENPO - KAI,  
THE VICE PRESIDENT OF OKINAWA KARATE - DO RENGO - KAI

First of all, I wish to thank to the Mr. Gyula Földesi Member of Hungarian Parliament, to Mr. Ákos Szabados Mayor of Pesterzsébet, Mr. János Nagy Mayor of Szigetszentmiklós and to the JD János Mészáros President of Hungarian Karate Federation for their support and effort in the organization of the II. Okinawan Days in Pesterzsébet. In the past, Okinawa was the center of the Ryukyu Kingdom. This kingdom was autonomous and had its own culture. Since the Ryukyu Kingdom lives between Japan and China, the two neighboring countries' culture, religion, martial arts, and dance affected the kingdom. Okinawan culture has evolved as a result of these influences. At this event in Budapest, we are going to present one element of this cultural heritage: Okinawan Karate. I am very pleased and proud to be part of this event as an Okinawan Karate Master. Karate has its roots in Chinese martial arts. Karate has evolved into a system as a result of different cultures, and it has undergone several interesting technical changes over the years. Karate was later brought to Japan (Honshu) and went through additional technical changes before becoming the Karate we know today. I am really happy that today the three biggest Okinawan Karate styles (*Tomari - Te, Goju - Ryu, and Uechi - Ryu*) and Okinawan dance (*Ryubu*) can be presented at the same time. For us, the presentation of the original Okinawan Karate styles and dance means that the culture of Ryukyu lives on.

I would like to show my gratitude to Municipality of Pesterzsébet and my student László Harsányi Shihan for organizing this event.



## Dr. János Mészáros

PRESIDENT OF HUNGARIAN KARATE FEDERATION

On behalf of the Hungarian Karate Federation, I would like to welcome you to the II. Okinawan Days. Our association considers it of utmost importance to cultivate the Karate and Budo, the eastern traditions and to pass on the values of Japanese traditions, especially to young people, such as respect, discipline, perseverance, diligence, willpower and the spirit of fair play, which are important values in today's fast-paced world, at school, at work and in everyday life. The Hungarian Karate Federation has a long tradition and cooperation agreements with several Japanese prefectures, such as Tochigi during the Tokyo Olympics and Okinawa, where our athletes have already participated in joint programs. Special thanks go to Sensei László Harsányi, whose traditional activities strengthen the knowledge and learning of karate and budo in Pesterzsébet, and who has contributed significantly to the successful organization of the II. Okinawan Days.

I wish you to gain precious experiences on the II. Okinawan Days, which will be a useful "companion" in the cultivation of the of karate and in overcoming the challenges of everyday life, and I wish the event to be really successful.



**Mr. Gyula Földesi**  
CHIEF PATRON

MEMBER OF HUNGARIAN PARLIAMENT

I am very pleased that there is such significant sports scene in our district, this scene's next stop is the II. Okinawan days. I would like to express my gratitude to László Harsányi Sensei, the head instructor of International Goju - Ryu Karate - Do Sakura - Kai and the president of the Hungarian Goju - Ryu Karate - Do Association for his contributions, so that this significant seminar can become reality

Within this event, the finest representatives of this sport will come to Pesterzsébet. The sport teaches you to fight, encourages you to not give up, and to stand up after every defeat, since every competition is a new opportunity to challenge and improve. The sport teaches you discipline and gives you goals. The goals and the future are not only important for the county and nation, but for the community and for each of us personally.

We warmly invite and welcome all those who are interested in Karate!



**Mr. Ákos Szabados**  
PATRON

MAYOR OF PESTERZSÉBET

It is a great honor for us that representatives of Japanese tradition are visiting Pesterzsébet for the tenth time this year.

The most esteemed masters of Okinawan culture and Karate are highly respected by us, and the Okinawan Days are a prominent event in our local sports life.

I trust that in the future, these seminars will continue and over the years become a tradition of our district.

The friendly relations between the two countries are of utmost importance to Pesterzsébet, therefore we will continue to work on strengthening them in the future.

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	23rd Aug. 2024 Friday	24th Aug. 2024 Saturday	25th Aug. 2024 Sunday
	Registration: from 09:00	Registration: from 08:00 Opening ceremony + Ryubu: 09:00 - 09.50	Registration: from 09:00 Closing ceremony, photo: 17:00
GOJU - RYU Hanshi Yoshio Kuba 10th dan	10:00 - 11:50 open seminar, color brown + black belt  14:00 - 15:30 IOKK, IGKS, MKSSZ black belt  15:50 - 16:50 IOKK, IGKS country instructors	10:00 - 11:50 open seminar, color, brown + black belt  14:00 - 15:30 IOKK, IGKS, MKSSZ black belt  17:00 - 18:00 IOKK, IGKS country instructors	10:00 - 11:50 open seminar, color, brown + black belt  14:00 - 15:30 IOKK, IGKS, MKSSZ black belt  <i>17:00 closing ceremony, photo</i>
UECHI -RYU Hanshi Hirokuni Yamashiro 9. dan	10:00 - 11:50 open seminar  14:00 - 15:30 open seminar  15:50 - 16:50 Uechi – Ryu Kata black belt	10:00 - 11:50 open seminar  14:00 - 15:30 open seminar	10:00 - 11:50 open seminar  14:00 - 15:30 open seminar  15:50 - 16:50 Uechi – Ryu Kata black belt
TOMARI - TE Shihan Takahiro Shinjo 8. dan	10:00 - 11:50 WKF Kata (MKSZ)  14:00 - 15:30 open seminar  15:50 - 16:50 Tomari -Te Kata black belt	10:00 - 11:50 WKF Kata (MKSZ)  14:00 - 15:30 open seminar	10:00 - 11:50 WKF Kata (MKSZ)  14:00 - 15:30 open seminar  15:50 - 16:50 Tomari – Te Kata black belt  <i>17:00 closing ceremony, photo</i>
WKF Kumite Sensei Fischer Mihály 4 dan	12:00 - 13:50 open seminar	12:00 - 13:50 open seminar	12:00 - 13:50 open seminar  <i>17:00 closing ceremony, photo</i>
Ryubu <i>Ryukyuan dance</i>	18.30 - 19.30 Ryukyuan dance and Karate demonstration  1. Kossuth Lajos tér, Budapest 1201.	15:50- 16:50 Ryukyuan dance and Karate connection/Workshop  205 Mártírok útja, Budapest 1201  <i>17:00 photo</i>	<i>17:00 closing ceremony, photo</i>

MKSZ - Hungarian Karate Federation,  
MKSSZ - Association of Hungarian Karate Styles,  
IOKK - International Okinawa Karate - Do Kenpo - Kai,  
IGKS - International Goju - Ryu Karate - Do Sakura - Ka



# SAYONARA PARTY, DINNER

25<sup>th</sup> August 2024. 8:00 p.m.

Venue: Dunai CsónakHáz

12 - 18. Vízisport utca, Budapest 1203

## SEMINAR FEE

DISCOUNT - for member of MKSSZ, IOKK, IGK	20%/Person
One training for the participants	11.000 Ft/Person
Sayonara Party - Apply by the registration platform until 31 <sup>st</sup> May.	10.000 Ft/Person

MKSZ - Hungarian Karate Federation,  
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**It is prohibited the video shoot!**

**Deadline of application and payment: 10<sup>th</sup> June 2024**

**Transfer 100% of the seminar fee**  
**On the registration platform provided here**

**<https://sakura-events.com>**

**One person can only buy 1 training ticket for one training session**

If the organizer cancels the event, 100% of the amount will be refunded.

If the participant cancels the event 2 weeks ago, in that case 80% of the amount will be refunded.

If the participant cancels the event 1 week ago, 50% of the amount will be refunded.

If the participant cancels the event on the day before, the amount will not be refunded.

For the training blocks will be closed when capacity (45 persons/training) has been reached. In this case, you can apply for other training blocks which have not yet been filled.

***No on-site application!***

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## CONDITIONS OF APPLICATION

1. The program and the procedure may be changed by the number of participants.
2. All participants attend the seminar in the self-responsibility.
3. The insurance is mandatory for everyone.
4. Only the seminar that you applied for beforehand can participate. You cannot modify it on the day.
5. The application is only valid if the organizers have accepted your application and you have transferred 100% of the seminar fee.
6. Video recording is FORBIDDEN!
7. We do not accept any visitors.
8. For the training blocks will be closed when capacity (45 person/training) has been reached. In this case, you can apply for other training blocks which have not yet been filled.
9. The seminar is open to all so participants from any styles are welcome.
10. Recommended for junior, cadette and adult age groups.
11. The dogi (karate clothes) is mandatory, everyone must wear their own belt.
12. The buffet will be open. (sandwich, soft drink, coffee etc.)
13. The organizers reserve the right to change the program.

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# INSTRUCTORS



## Hanshi Yoshio Kuba

Okinawan Goju - Ryu Karate - Do 10<sup>th</sup> Dan

Yoshio Kuba Hanshi is a 10th Dan black belt and is the head of the Okinawa Karate-Do Kenpo-Kai in Okinawa. He was a direct student of Seikichi Toguchi Sensei, who was a student of Chojun Miyagi Sensei and Seko Higa Sensei. Kuba Sensei epitomizes the understanding of Goju-Ryu and his understand of its concepts and application is legendary but off and on the dojo floor. He run a full-time acupuncturist practice in Okinawa and is head of the Acupuncture Association in Japan.

### Achievements:

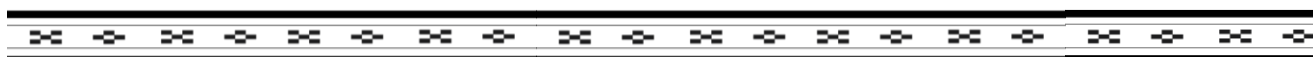
- Learned Kendo at age of 14.
- Became an apprentice of Seikichi Toguchi sensei of Goju - Ryu at age 17.
- Became a director of Goju - Ryu Karate - Do Shoreikan at age 27.
- Became a technical director of Goju - Ryu Karate - Do Shoreikan at age 34.

### Positions Held or Holding:

- Chairman of Okinawa Prefecture Acupuncture Association.
- Director of Okinawa City Karate - Do Federation
- Standing Director of Okinawa Prefecture Karate - Do Union
- Vice Chairman of Okinawa City Youth Sports Association
- Vice Chairman and General Master of Okinawa Karate - Do Rengo - Kai Association
- Director of Goju - Ryu Karate Kenpo - Kai
- President of Authentic Goju - Ryu Karate - Do & Kobudo Federation Kenbukan the original Traditional Okinawa Martial Arts.

### Education

- Master's degree in pharmacy
- Qualified Acupuncturist





## **Hanshi Hirokuni Yamashiro**

**Uechi - Ryu 9<sup>th</sup> Dan**

Date of birth: 17.02.1955. Student of Shigeru Takamiyagi Sensei. Chief Instructor of Koza Dojo in Okinawa City



## **Shihan Takahiro Shinjo**

**Tomari - Te 8<sup>th</sup> Dan**

He started learning Shuri - Te where he achieved 5th Dan. Later on he started to learn Tomari - Te, he achieved 8th dan. He also has 6th dan in Goju - Ryu and is the assistant and student of Hanshi Yoshio Kuba. He has a tremendous knowledge about all three of the okinawan karate styles and WKF karate. His students are among the bests in Okinawa, Asia, and Japan in competitions.

- President of Kenryu - Doshikai,
- Educator coach of Ryo Kiyuna, who is three-time Kata World Champion and Olympic Champion,
- Board member of Okinawa Prefectural Karate Federation,
- Vice President of Okinawa City Sports Association,
- Okinawa City Youth Sports Organization headquarter member,
- Okinawa Goju – Ryu and Tomari - Te, Japan Sports Organization Karate senior trainer Okinawa Prefecture



## **Sensei Mihály Fischer, Goju - Ryu 4<sup>th</sup> Dan, WKF Kumite Instructor**

head coach of MTK and Hungarian National Coach

- For the past 12 years the MTK team has been the Hungarian Champion in all age categories.
- His students got 27 medals in European Championship and World Championship.
- His adult students won four European Championship
- His student Gábor Hárspataki won III. rd place in kumite In the Olympics and II. Place in kumite in the WKF World Championship



## **Shihan Yukari Tamagusuku**

Ryukyuan dance artist and instructor of Tamagusuku – Ryu Tedano – Kai

She graduated from Okinawa Prefectural University of Art in Ryukyuan dance and Kumi Odori. She studied Ryukyuan dance from "Iemoto" Shizue Matayoshi and Kumi Odori from Miyagi Noho, who holds the title of "Ningen Kokuho". Master Tamagusuku-Ryu Tedano-Kai, holder of the title of Outstanding Artist of Ryukyuan Dance, an important intangible cultural asset of Okinawa.

- In 1993, she was the Best Dance Art Award at the Ryukyu Performing Arts Competition.
- In 1997, she obtained the title of instructor in Tamagusuku-Ryu Tedano-Kai.
- In 2004, she obtained the degree of "Shihan" of Tamagusuku-Ryu Tedano-Kai.
- In 2004, she performed in the opening and performances of the National Theater Okinawa.
- In 2018, she presented a series of solo performances at the National Theater Okinawa.



## Shihan Satoko Matayoshi

Ryukyuan dance artist and instructor of Tamagusuku – Ryu Izumi – Kai

Master of Tamagusuku-Ryu Izumi-Kai, holder of the title of Outstanding Artist of Ryukyuan Dance, an important intangible cultural asset of Okinawa. She has performed in Okinawa Prefecture, as well as in Japan, Asia, Europe and South America.

- In 2004, she was the Best Dance Art Award at the Ryukyu Performing Arts Competition.
- In 2007, she obtained the title Ryukyuan dance instructor title.
- In 2008, she started to learn Kumi Odori from her aunt Chie Tamagusuku.
- In 2009, she opened the Tamagusuku-Ryu Izumi-Kai branch.
- In 2014, she obtained the Shihan degree in Tamagusuku-Ryu Izumi-Kai.
- In 2017, she performed Ryukyuan dance, Kumi Odori, at the National Theater Okinawa.



## Shihan László Harsányi organizer

Goju – Ryu 7<sup>th</sup> Dan,

European representative of OKKA and chief instructor of IGKS

I sincerely welcome my Okinawan teachers and every Karateka in the **II. Okinawan Days in Pesterzsébet** event. We look forward to welcoming those Karateka that are interested in authentic Okinawan karate. A niche seminar will be organized, in which we can take a deeper look at three different schools of traditional Okinawan karate, and competition Kata techniques. Without their contributions and efforts made this event could not have become reality. The main goal of the event, which is going to be organized in Budapest is to let the Hungarian and international karate community's coaches, referees and Karatekas learn Authentic Okinawan Karate!

I would like to express my gratitude to every one of my students, to every Hungarian and Okinawan patron.

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## CONTACTS

- László Harsányi, +36 30 950 947, [harsanyi.laszlo63@gmail.com](mailto:harsanyi.laszlo63@gmail.com) (Hun., English)
- Nana Shimizu, [shimizu7501@gmail.com](mailto:shimizu7501@gmail.com) (Japanese, Hungarian, English)
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(Hungarian, Slovakian, Russian, English, German)

## RESTAURANTS

- **VakVarju Csónakház és Étterem**, 1203 Budapest, Vízisport utca 12
- **Csili Restaurant**, 4 - 6. Nagy Győri István utca, Budapest, 1201
- **McDonalds**, 4. Széchenyi u. Budapest, 1203
- **Ring Pub**, 2. Lajtha László u. Budapest, 1203
- **Tücsök Restaurant** 7. Zilah u, Budapest, 1201

## ACCOMMODATIONS

<https://www.booking.com/district/hu/budapest/pesterzsebet.hu>

- **Le Rose Hotel**, 1. Felső Duna sor, Budapest, 1238
  - **Duna Garden Hotel**, 12. Vízisport u, Budapest 1203
  - **Panna Panzió**, 156. Mártírok útja, Budapest, 1202
  - **Solid Apartmans**, 1237 Budapest, Szent László u. 112.
  - **Green Garden Plus Apartman**, 12. Irányi utca, Budapest, 1205
  - **Kossuth Apartman**, 31/A Kossuth Lajos utca, Budapest, 1203
  - **Green View Apartment**, 31/A Kossuth Lajos utca, Budapest, 1203
  - **Green Garden Apartman**, 1204 Budapest, Kende Kanuth utca 69.
  - **Central Home - Pesterzsébet**, 15. Kossuth Lajos utca, Budapest, 1203
  - **Bruda Panzió**, 71. Köztemető utca, Budapest, 1201, E-mail: [brudapanzio@gmail.com](mailto:brudapanzio@gmail.com)
  - **Tang House**, 87. Wesselényi u. Budapest 1201, E- mail: [tang.house1201@gmail.com](mailto:tang.house1201@gmail.com)
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## SUPPORTERS

- Dr. Ádám Schmidt, State Secretary for Sports of the Ministry of Defense
- Dr. István Simicskó, President of the National Defense Sports Association
- Mr. Gyula Földesi, Member of Hungarian Parliament
- Mr. Ákos Szabados, Mayor of Pesterzsébet
- Dr. János Mészáros President of Hungarian Karate Federation
- Mr. János Nagy, Mayor of Szigetszentmiklós
- Mr. Ákos Lerner, Principal of István Gyulai Elementary School
- Pesterzsébet Municipality
- Szigetszentmiklós Municipality
- Okinawa Ken Karate - Do Rengo - Kai
- Okinawa Karate - Do Kenpo - Kai
- Hungarian Karate Federation
- Dento Shito - Ryu Karate - Do Hungary
- Karate - Do International Hungarian Branch (Jundokan Hungary)
- Hungarian Goju - Ryu Karate - Do Association (Sakura - Kai Hungary)
- Association of Hungarian Karate Styles



**PESTERZSÉBET**

